



do.®

ONLINE DOCTOR

ON THE CLOCK AND NEED A DOC?

All you need is a smartphone, tablet or computer to get quick, convenient care with Doctor On Demand.



TAKE A BREAK AND SAY AH HH

With Doctor On Demand, video visits can be done in just minutes — with no travel time — which means it's quick, it's convenient and it saves money.

Board-certified doctors are available 24/7, 365 days a year to treat many common medical conditions. You also can schedule next-day appointments to see licensed psychologists and psychiatrists between the hours of 7 a.m. to 10 p.m., local time.

GET QUICK CARE

Doctor On Demand treats most of the top 20 conditions treated in urgent care centers, including:

- Upper respiratory infection
- Allergies
- Yeast infections
- Sports injuries
- Travel medicine
- Sinus infections
- Urinary tract infections
- Nausea
- Diarrhea
- Heartburn
- Back pain
- Rashes
- Strep throat

do.[®] more for your health

To learn more, or to sign up now, visit
doctorondemand.com/bluecrossmn.



HOW MUCH IT COSTS*

- **Medical:**
starting at \$44
(typically less than in-person)
- **Psychology:**
\$55 - \$105
- **Psychiatry:**
\$220 first time; \$95 follow-up

*Depending on your health plan, all or some of the cost may be covered.

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Doctor On Demand is an independent company providing telehealth services.